

Krista Humphreys ~ Biography

Krista has had a deep passion for horses and art from a very early age. She has been shadow instructing for several years and has just begun her teaching career at Winning Strides. She enjoys sharing with others what she has learned about horsemanship and finds it very gratifying to give her students a solid foundation of skills. Krista follows the basic principles of safe, effective and fun horsemanship.

Krista is preparing to partake in the CHA Instructor Certification process soon. She continues her professional development by participating in lessons with advanced horsemen. Krista continues to explore different areas of horsemanship as she develops her program. She also enjoys volunteering with Journeys Therapeutic Riding Society at Winning Strides working with special needs students.